

TANTRUMS, MELTDOWNS AND RAGE: Parenting Strategies for Calming the Storm

Feedback Form

How would you rate the overall quality of this workshop?

Excellent Good OK Poor Very Bad

How would you rate the expertise of the presenter?

Excellent Good OK Poor Very Bad

How would you rate the amount of time allotted for topics covered?

Excellent Good Ok Poor Very Bad

How would you rate the logistics and quality of the meeting space?

Excellent Good OK Poor Very Bad

How would you rate the quality of handouts and learning materials?

Excellent Good OK Poor Very Bad

How would you rate the quality of learning exercises?

Excellent Good OK Poor Very Bad

How would you rate the presenter's responsiveness to questions?

Excellent Good OK Poor Very Bad

How would you rate the presenter's facilitation of group discussion?

Excellent Good OK Poor Very Bad

Please rate the helpfulness of each major topic covered below:

Rating guide: 5=Excellent, 4=Good, 3=OK, 2=Poor, 1=Very Bad

___ Types of angry outbursts (tantrum, meltdown, rage)

___ Parent and Child signs of distress at different points on the feeling thermometer

___ Brain explanation for emotional flooding

___ De-escalation Strategies

___ Calm-Down Tools

Please rate the helpfulness of each major topic covered below:

Rating guide: 5=Excellent, 4=Good, 3=OK, 2=Poor, 1=Very Bad

- ___ Looking under child's behavior (child feelings, triggers, reinforcers, and lagging skills)
- ___ Empathizing with child instead of personalizing the behavior
- ___ Catching successes with building of lagging skills (e.g., PRIDE skills)
- ___ Collaborative Problem Solving
- ___ Language of limits
- ___ Timing of limits
- ___ When does there need to be a consequence
- ___ Action-based consequences (Working the R's)

What was the most helpful part of this group for you?

What suggestions do you have for improvement?

THANK YOU FOR YOUR FEEDBACK!!