

Pay Attention to Attention Module List

5 P's & 4 S's of Paying Attention
504 Plan Considerations
Addressing Attention Interference
Assessment Considerations
Basic Principles for Improving Behavior and Attention
Beyond Punishing Consequences
Building a Positive Work Ethic
Building Cooperation and Positive Attitudes
Building Motivation
Building Motivation – Teacher's Module
Delaying Gratification and Waiting
Evolution of Pay Attention to Attention
Executive Function
Fundamentals of Attention Training
Getting Ready, Challenges and Considerations
Goal Setting
Grabbing Our Attention
Group and Attention Training Activities
Habits, Routines and Positive Practice
Help with Homework
Helping Classroom Teachers
Home School Communication
Hygiene Habits. (Includes Toileting)
Importance of Undivided Attention/Handling Distractions
Improving Sleep/Bedtime
Lying and Sneaking
Mealtime
Medication and Other Treatment Considerations
Mindfulness/Meditation
Morning Time
Neuroscience of Attention
Noncompliance
Pay Attention to Attention, Challenges
Point of Task Thinking
Rebooting Attention
Rewards, Praise, and other Teaching Considerations
Room Cleaning and Organization
Screen Time Guidelines and Toxicity
Shifting Attention
Sibling Interactions
Staying Calm. In progress
Teaching Strategies In progress
Thinking about ADHD
Working within our Attention Resources