

Parenting a Middle Schooler

- It is easy to forget what middle school is all about
- Middle school is “junior” high school that provides an opportunity for both success and failure as part of children’s learning.
- Parents catastrophize.
- Parents need to accept there are things our kids have to learn
- Be flexible on goals and visions for success
- Balance their passions with our expectations.
- Time to reevaluate our mommy/daddy role
- If child is going to benefit, they should participate in household activities
- Reduce the power parenting approach
- Attention is about motivation and habit
- Go from auditor to CEO