

# Fired Up Table of Contents

## Introduction

Each module page has a checkbox at the top that allows you to track your progress. Once you check that you have reviewed a module, an updated list of completed modules is available on this page. The Modules are listed in the recommended viewing order; however, you may choose the topics most important to you and your family.

The contents list shows the modules you have marked as reviewed so you can track your progress.

- 1 [The Origins of Fired Up](#)
- 2 [The Challenges of Anger Control](#)
- 3 [Understanding Anger](#)
- 4 [The Positive and Negative Functions of Anger](#)
- 5 [Contributing Factors: Questions to Consider](#)
- 6 [Equipping Parents to Help Their Child](#)
- 7 [The Goals of Anger Control Training](#)
- 8 [Why Anger Control Strategies Don't Always Work](#)
- 9 [The Basic Principles](#)
- 10 [Seven Anger Triggers](#)
- 11 [Managing Frustration](#)
- 12 [Accepting Interruptions](#)
- 13 [Navigating Request/Refusals](#)
- 14 [Accepting Expectations](#)
- 15 [Handling Disappointments](#)
- 16 [Understanding Unfairness](#)
- 17 [Managing Provocations](#)
- 18 [Building Self-Awareness](#)
- 19 [Rewarding Anger Control](#)
- 20 [Hot Thoughts: Negative Thinking that Fuels Anger](#)
- 21 [Responding to an Angry Child](#)
- 22 [Noncompliance](#)
- 23 [The Calm Down Strategies/Anger Reduction Trilogy](#)
- 24 [Anger Resolution: Making it Right: A "Five A" Process](#)
- 25 [Talking Less But Saying More: Key Phrases](#)
- 26 [Handling School Contacts](#)
- 27 [Anger Problems at School](#)

**MODULES**  
**REVIEWED** 0%

**Introduction**

**FIRED UP**  
Frustration \* Interruption \* Refusal \* Expectations \* Disappointments \* Unfairness \* Provocations

## Children's Program – LEARN Online

The Children's Program has helped more than 100,000 families since 1987. Recommendations from these families, as well as schools and physicians, are our most frequent source of referrals. LEARN Programs expand our offerings, so we can share that knowledge with parents online.

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